

BioField Reader (BFR)

Biofield Imaging software

Lighting Set-up



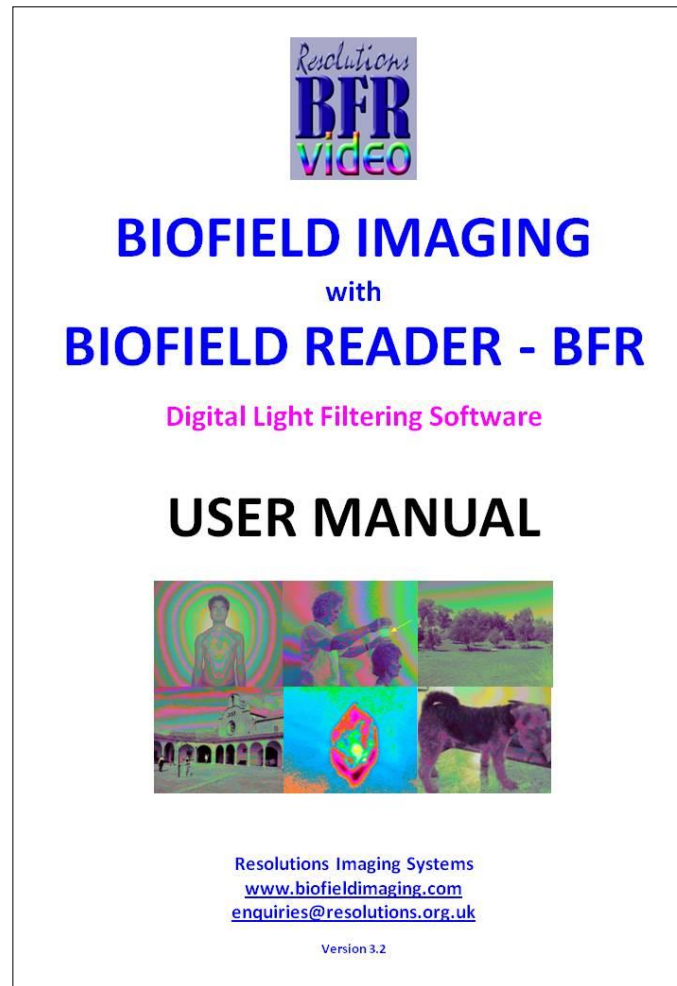
Welcome!



Jane Solomon
BioField Reader
trainer

Some advice to help you set up
your lighting

Lots of
information
in the
User Manual



You can download User Manual from Homepage on our website
www.biofieldimaging.com

A plain background allows field to be clearly seen



Patterns and colours clearly seen above head and around neck, aiding analysis of the biofield.



Patterns and colours clearly seen. Streamers seen connecting with body. Analysis of field is facilitated by plain background.

Do I always need to get the lighting right?

Yes

When making comparisons

'Before' and 'After' Therapy

For series of scans to chart progress/change

Why?

Preparation gives you:

Confidence

Good quality scans

More reliable results



Before Reiki



After Reiki

Good lighting and poor lighting

Good lighting – distributed evenly over subject

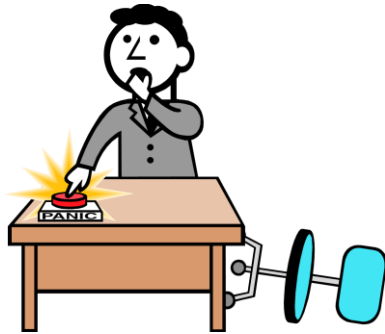


You can see light clearly on and around body, patterns and colours on body clearly visible. Analysis facilitated.

Poor lighting – distributed unevenly over subject



Light around body not seen; shadow on right arm and leg, show as red and blue. Sunlight on left arm and face, show as white and yellow. Analysis difficult.



Don't Panic if you haven't
got ideal conditions

Standardise your environment

Do the best you can

Keep everything the same for all scans



Read the section in the User Manual on 'Lighting set-up'

Choose what lighting suits you

Fixed lighting on ceiling – fluorescent tube

Portable lighting – fluorescent tube(s) on stand

Mobile phones and Still cameras – have flash as a portable light source

Portable lighting good for exhibitions, mobile clinic, filming on location



Full-Spectrum lighting

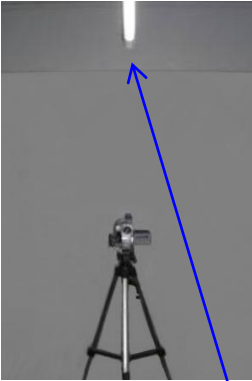
Full-Spectrum Lighting is the closest replication of natural sunlight available and, as such, provides many wavelengths of the visible spectrum.

Rays from the light source interact with the biofield both when the incident ray travels towards the subject and when the reflected ray bounces off the subject.

A wide range of wavelengths from the light source leads to more interaction / interference with the biofield and so more information may be gained.

However, other lighting can also produce good results.

Types of lighting – 'fixed' on ceiling



Full-spectrum
(FS), daylight,
fluorescent
tube on ceiling

Full-spectrum, daylight fluorescent tube

A 4ft/1200mm tube is usually large enough for most average-sized rooms

*Use same type/make/spec of lighting if doing research on a therapy, or an intervention, in different locations and need to keep variables the same in all scanning rooms. Recommended for permanent scanning room.

Advantages – always in the same place, no need to erect

Disadvantages – not portable

Types of lighting - portable

Light-weight,
foldaway light
stand.

Full-spectrum
tube is secured
to top of stand,
with plastic
parcel ties.
Gives good light
coverage.



A 4ft/1200mm tube used place near
ceiling height. We recommended this.
Remember to remove diffuser.

Advantages – portable

Disadvantages – not fixed, so has to be erected and stored

Two full-
spectrum
fluorescent light
tubes on stand.
This lighting is
quite bright,
suitable for a
large room.



Two 4ft/1200mm tubes used here. One
light is adequate for smaller rooms.

Types of lighting - portable

Full-spectrum daylight, fluorescent tubes are recommended **BUT** other types lighting can be used too.

Mobile Phones and Still digital cameras have their own portable light sources – the flash!

Use a mini tripod for camera or mobile phone to get a steady picture. Plus you can set up tripod and camera/phone in same place for comparison shots.



Mobile Phone
with flash



Mini Tripod



Still digital camera
with flash

Types of lighting – portable

Aputure LED Light

Battery operated, portable, good for mobile clinic or exhibitions. Remember to take spare batteries with you as this eats up batteries. Light tends to diminish as you get further away from source - so need to lower light for legs/feet.



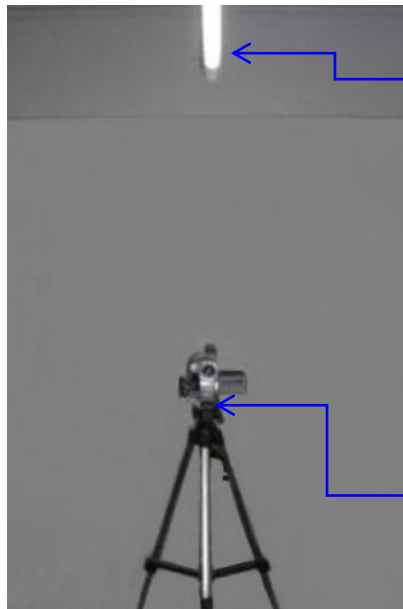
Aputure on portable stand



Close-up of Aputure with LEDs on

Where do I set up the lighting?

Set up light in line with subject; make sure there is room for camera to be in line with light and subject.



Light on ceiling

Camera on tripod



Light

Camera (on a tripod or clamp) placed in front of light here

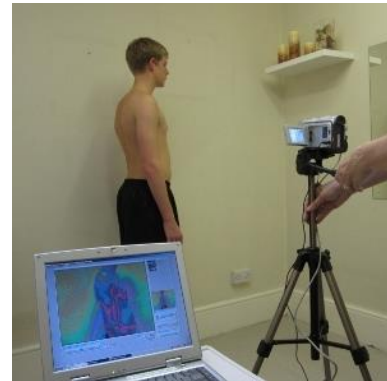
Where do I set up the lighting?

Subject positioned in middle of space i.e. between two walls and have lighting and camera lined up with them.

Ceiling mounted light make sure there is between 3 – 5 feet or 900 - 1500mm between the end of light and wall - otherwise you will get 'white-out' (see User Manual).



Camera in line with subject.
Light on ceiling in line with
subject and camera



Camera in line with subject
and camera and subject in
line with light on ceiling

Angled lighting option

Fluorescent tube(s) angled on tripod or stand. Angle 40 degrees from the vertical. Light can also be angled from ceiling.



This takes a bit of setting up, so avoid it if you want a quick set-up.

Mobile phone/Still digital camera with flash



Phone/Camera is lined up with subject

Use a tripod – measure height

Light from flash must be brighter than ambient light in room. Avoid sunlight coming in through window

2 Golden Rules

Make sure light is evenly spread over subject
Place lighting in line with camera and subject

Good lighting gives you scans you can:

analyse



compare



Poor lighting gives you scans:

patchy



unreliable



can't compare



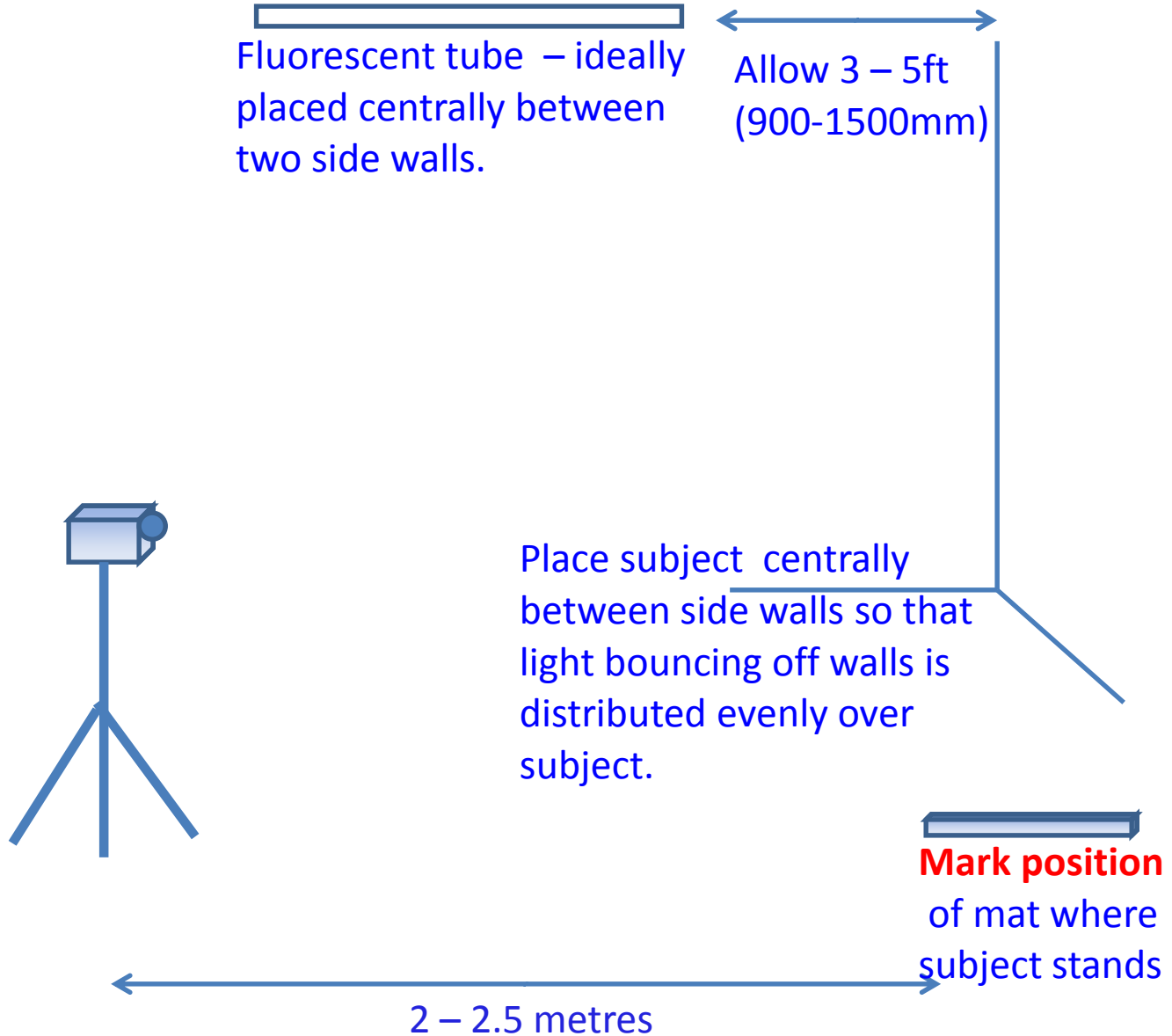
BioField Reader

- fixed lighting

Use same lighting each time. Place subject in line with light.

Measure height of camera/tripod. Keep in line with subject and light.

Mark position of tripod.



Mobile phone/still camera with flash

Advantages

Very portable

Take spontaneous photos

Get going with scanning as no need to set-up lighting

Use tripod for steadiness – measure height, have camera vertical

Measure distance between camera/tripod and subject

Make sure flash is brighter than ambient light in room

Disadvantage

Can't see biofield/energy in real time



Mobile phone on
mini Tripod



Still digital camera



Which lighting is best?

Choose what suits you

All lighting set-ups shown give good results

Depends on your therapy room or area you have available

Fixed light on ceiling is always there when needed and no need to store it

Do you need portable light for a mobile clinic?

Light on T-bar is portable - just need to position in same spot and same height if doing comparison scans

Daylight – a good source of light

We can't control light outdoors but you can try to control some parameters.



Scans of horses or other animals:

Try to take scans same time of day, with similar light conditions e.g. sunny or cloudy

Keep subject in same position for all scans and keep them in same position relative to the sun

In a stable – position subject in same place and have same lighting for all scans

About Jane Solomon

Jane has more than 20 years experience of Biofield (Energy/Light Field) Imaging. She has over thirty years experience as a Registered Nurse; has Midwifery training; is a qualified teacher with a Diploma in Adult Education.

In the 1980s Jane graduated from the University of Hertfordshire (UK), with an Honours degree in the Humanities. During the 1990s she qualified as an Energy Healer in several healing modalities. In 2007 Jane graduated from the University of Westminster (UK) with an honours degree in Traditional Chinese Medicine: Acupuncture.

Jane has experience in medical research. She is an internationally published author and speaker and is co-author (with Grant Solomon) of *The Scoble Experiment: Scientific Evidence for Life After Death*.

Jane has helped therapists and practitioners all over the world to set up their own Biofield Imaging clinics.

For more about Jane and the other members of the Resolutions Team go to www.biofieldimaging.com/about-us